



RMC Community Guidelines

RMC's mission is to provide an inclusive, non-judgmental space that unites women to create genuine, supportive connections. RMC is built on trust and having an authentic community helps us create a safe space to share our stories and find solidarity.

These Guidelines outline what is and isn't welcome on our platform. The RMC chat is a moderated space and if your content breaches our Guidelines, you may lose access to RMC.

Together

We ask that you use your first name on your RMC profile. This helps to build a sense of trust in the community.

Our community gives you spaces to connect with others who may be going through similar experiences. We expect every RMC member to treat each other with kindness and be respectful of others' opinions.

We do not tolerate anyone being shamed, bullied, or harassed. This behavior can come in many forms, from making threats and releasing personally identifiable information to sending unwanted messages and screenshotting content without permission.

While we encourage respectful conversations about meaningful subjects, we don't permit content that is inaccurate, false and causes harm to our community

We have a zero-tolerance policy for any content that contains hate speech. This includes (but is not limited to) content that attacks, threatens, incites violence against, or otherwise dehumanizes an individual or group across:

- Race
- Ethnicity
- Religion
- Sexual orientation
- Disability
- Gender identity
- Age
- Socioeconomic status

Confidentiality

The general rule is 'what's said on RMC, stays on RMC'. It's important to respect the community's confidentiality and not repeat what other RMC members share outside of this space. Screenshotting conversations is not permitted.

Do not share personal information about anyone outside of the community within the chat groups without their permission. This includes full names, addresses, email or phone and social media accounts.

Remember this is still a public forum with lots of people in the group so be mindful about what you share. We recommend that you don't post any information such as your address, email address or phone number. Photographs of your children are permitted but only fully clothed.

If information is shared that raises safeguarding issues we have a duty of care to report it to social services and / or police as appropriate.

By submitting this form, you agree to abide to the RMC community guidelines.

Please report any comments that go against our community guidelines or contact RMC directly. We reserve the right to delete comments at our discretion and block any repeat offenders.